

# Newsletter



**JUNE, 2007**

P.O. Box 320  
Keewatin, Ontario  
POX 1C0

**Administration/Healing Lodge  
Obashkaandagaang FN**  
Phone: (807) 543-1065  
Fax: (807) 543-1126  
Toll Free: 1-800-656-9271

**Satellite Clinic  
212 4th St. S., Kenora**  
Phone: (807) 467-8770  
Fax: (807) 467-2666  
Toll Free: 1-877-224-2281

[www.kahac.org](http://www.kahac.org)



## Aboriginal Solidarity Day: We should be proud

**A** boriginal Solidarity Day is officially recognized as the day on which Aboriginal people celebrate identity, heritage and our unique standing in Canada.

It is a time to remember our history, and to celebrate our endeavors. It is a time to be proud that we have endured, that we have maintained our relationship with the land, and that we are once again becoming a strong voice in today's society.

In today's discourse on global warming Aboriginal people have a lot to offer on ways to change the course of events. We should be proud that we have young people participating in education, politics, law, the arts and every other discipline you can think of. So take the time on Aboriginal Solidarity Day to show your pride.

## June is Elders Month

### Listen and learn ...

**E**lders have a very important role in ensuring that the cultural teachings, values and ceremonies are passed on to the younger generations. Through their life experiences and the unique gifts that each of them brings to this world, they provide the people with opportunities to learn from past experiences through storytelling and ceremonies. Without the wisdom and guidance from the Elders, the continued integrity and validity of the cultural teachings and ceremonies would not be possible. It is then our individual responsibility to take the time that is needed to listen carefully to their stories and their experiences. Through the simple act of listening, the answers we are seeking can be found within those words.



### Respecting our elders

**E**lders in many First Nations do many good things for their communities. Their leaders often ask them for guidance and support. Elders are the keepers and teachers of traditional way of life and languages. Throughout their lifetime, they gain knowledge and wisdom to share and pass on to next generation. An Elder can be your mother, father, grandfather, grandmother.

Elders often conduct opening ceremonies for large gatherings of people such as meetings and pow-wows by offering prayers to the Creator so things will go smoothly.

Elders are also called upon to end gatherings with a prayer for everyone who attended to get home safely until they meet again.

Elders are an endless source of information about traditional ways of life and culture. They are the ones who have lived through many changes and challenges in their life times.

Children are taught at an early age to "RESPECT your ELDERS", as they too will one day be an "ELDER".

Monday	Tuesday	Wednesday	Thursday	Friday
				1 DR @ Clinic - PM
4 SL @ Keewatin Public School MM, BP, JM @ Clinic JR @ SL39 LED @ Wabigoon	5 DR @ Clinic - PM EB @ Clinic - PM LED, JM @ Clinic AA @ SL39 JR @ SL40 MM @ RP MB @ Dalles	6 SL @ Healthy Families BP, EB @ Clinic JR, AA @ WD JM @ Minaki LED @ NWA37 MB @ NWA37,33 MM @ Dalles	7 SL, JG, MB @ WFB EB @ Clinic LED, AA @ GN JM @ Fellowship BP @ WD	8 DR @ Clinic - PM
11 DR @ Clinic - AM MM, BP, JM @ Clinic JR @ SL39	12 DR @ Clinic - PM EB @ Clinic - PM LED, JM @ Clinic AA @ SL40 BP @ OBK	13 SL @ Healthy Families JM, EB @ Clinic AA @ WD LED @ NWA37 MM @ Dalles	14 EB @ Clinic LED, AA @ GN JM @ Fellowship BP @ Minaki MM @ WFB	15 DR @ Clinic
18 DR @ Clinic LS, LAM @ Migisi - PM LED, BP, JM @ Clinic JR @ SL39	19 DR @ Clinic - PM EB @ Clinic - PM JM @ Clinic BP @ OBK JR @ SL40 MM @ RP	20 SL @ Healthy Families BP, JM, EB @ Clinic LS, LAM @ SL39 AA @ WD LED @ NWA37 MM @ Dalles	21 EB @ Clinic LED, AA @ GN MM @ WFB	22 CLINIC CLOSED Aboriginal Solidarity Day
25 MM, BP, JM @ Clinic JR @ SL39	26 DR @ Clinic - PM EB @ Clinic - PM JM @ Clinic BP @ OBK JR @ SL40	27 BP, JM, EB @ Clinic JR @ WD MM @ Dalles	28 EB @ Clinic JM @ Fellowship BP @ Minaki MM @ WFB	29 DR @ Clinic - PM

## *Fashion Outrage!*

6:00 p.m. on June 21, 2007  
at NeChee Friendship Center

**Prizes: 1st \$250, 2nd \$100, 3rd \$50**

To enter call Maria Blackhawk at 543-1065, or email [mblackhawk@kahac.org](mailto:mblackhawk@kahac.org).

All community members are invited to submit their most outrageous, available and inexpensive designs (for example, see the form-fitting dress constructed of colored, braided garbage bags being modeled in the waiting room at the KAHAC satellite clinic!)

**Esme is back! Esme Boone, RN(EC) is helping out at the satellite clinic on a half-time basis as of May 7, 2007.**

MM	Malcolm McCormick, Nurse Practitioner
LED	Lee Ann Desrochers, Nurse Practitioner
JR	Jennifer Roberts, Nurse Practitioner
BP	Barb Pemsky, Nurse Practitioner
DR	Dr. Hammett, Thomas, or Snyder
AA	Allan Anderson, Dental Health Educator
RW	Randy White, Traditional Health Coordinator
IC	Ida Copenace, FASD/CN Consultant
SL	Serena Lewis, FASD/CN Consultant
MB	Maria Blackhawk, HIV/AIDS Coordinator
JM	Judith McLeod, Diabetes/Foot care Clinician
LS	Leticia Santos, Dietitian/Diabetes Clinician
LAM	Lauri-Ann Marshall, Nurse/Diabetes Clinician
JG	Janet Green, Family Support Coordinator

## Communities

GN	Grassy Narrows	WD	Whitedog
NWA33A	Dogpaw Lake	WFB	Whitefish Bay
NW	Angle Inlet	SL39	Shoal Lake 39
SL40	Shoal Lake 40	RP	Rat Portage
NWA37A	Regina Bay	DA	Dalles
NWA37B	Windigo Island	WAB	Wabigoon Hall
OBK	Obashkaandagaang		

## Staff